

St. Timothy's Episcopal Church

Holy Eucharist: Rite Two



The Fifth Sunday after the Epiphany

February 4, 2024 | 9:00am

The Reverend David Gierlach, Celebrant and Preacher

Prelude

Sanctus bell is rung, please stand as you are able

Entrance Hymn

How firm a foundation

Hymnal 637



1 How firm a foun - da - tion, ye saints of the Lord,
2 "Fear not, I am with thee; O be not dis - mayed!
3 "When through the deep wa - ters I call thee to go,
4 "When through fier - y tri - als thy path - way shall lie,
5 "The soul that to Je - sus hath fled for re - pose,



1 is laid for your faith in his ex - cel - lent word!
2 For I am thy God, and will still give thee aid;
3 the riv - ers of woe shall not thee o - ver - flow;
4 my grace, all suf - fi - cient, shall be thy sup - ply;
5 I will not, I will not de - sert to its foes;



1 What more can he say than to you he hath said,
2 I'll strength - en thee, help thee, and cause thee to stand,
3 for I will be with thee, thy trou - bles to bless,
4 the flame shall not hurt thee; I on - ly de - sign
5 that soul, though all hell shall en - deav - or to shake,



1 to you that for ref - uge to Je - sus have fled?
2 up - held by my right - eous, om - ni - po - tent hand.
3 and sanc - ti - fy to thee thy deep - est dis - tress.
4 thy dross to con - sume, and thy gold to re - fine.
5 I'll nev - er, no, nev - er, no, nev - er for - sake."

Opening Acclamation

Celebrant Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

The Celebrant then says

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid:
Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Song of Praise

How wondrous and great

Hymnal 533

1 How won - drous and of great thy thy works, God of praise!
 2 To na - tions and of earth thy light shall be shown;

How just, King of and saints, and true come are to thy thy ways!
 their wor - ship and vows shall come to thy throne:

O who shall not fear thee, and hon - or thy Name?
 thy truth and thy judg - ments shall spread all a - broad,

Thou on - ly art ho - ly, thou on - ly su - preme.
 till earth's ev - ery peo - ple con - fess thee their God.

The Collect of the Day

The Celebrant says to the people

The Lord be with you.

People

And also with you.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. *Amen.*

The Lessons

The people sit. One or two Lessons, as appointed, are read, the Reader first saying

A reading from the book of the prophet Isaiah (40:21-31)

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People **Thanks be to God.**

Psalm 147:1-12, 21c *Laudate Dominum*



© 1956, Jerome Webster Meachen.

- 1 Hallelujah!
How good it is to sing praises to our *God!* *
how pleasant it is to honor him with *praise!*
- 2 The Lord rebuilds *Jerusalem;* *
he gathers the exiles of *Israel.*
- 3 He heals the broken*hearted* *
and binds up their *wounds.*

Continued on facing page

- 4 He counts the number of the *stars* *
and calls them all by their *names*.
- 5 Great is our Lord and mighty in *power*; *
there is no limit to his *wisdom*.
- 6 The Lord lifts up the *lowly*, *
but casts the wicked to the *ground*.
- 7 Sing to the Lord with *thanksgiving*; *
make music to our God upon the *harp*.
- 8 He covers the heavens with *clouds* *
and prepares rain for the *earth*;
- 9 He makes grass to grow upon the *mountains* *
and green plants to serve mankind.
- 10 He provides food for flocks and *herds* *
and for the young ravens when they *cry*.
- 11 He is not impressed by the might of a *horse*; *
he has no pleasure in the strength of a *man*;
- 12 But the Lord has pleasure in those who *fear him*, *
in those who await his gracious *favor*.
- 21 Hallelujah!

A reading from Paul's first letter to the Corinthians (9:16-23)

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Lector The Word of the Lord.
People **Thanks be to God.**

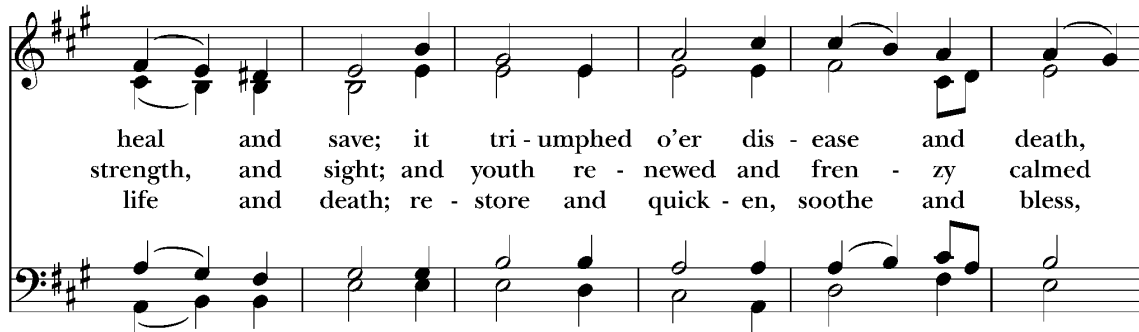
Sequence Hymn

Thine arm, O Lord, in days of old

Hymnal 567



1 Thine arm, O Lord, in days of old was strong to
 2 And lo! thy touch brought life and health, gave hear - ing,
 3 Be thou our great de - liv - erer still, thou Lord of



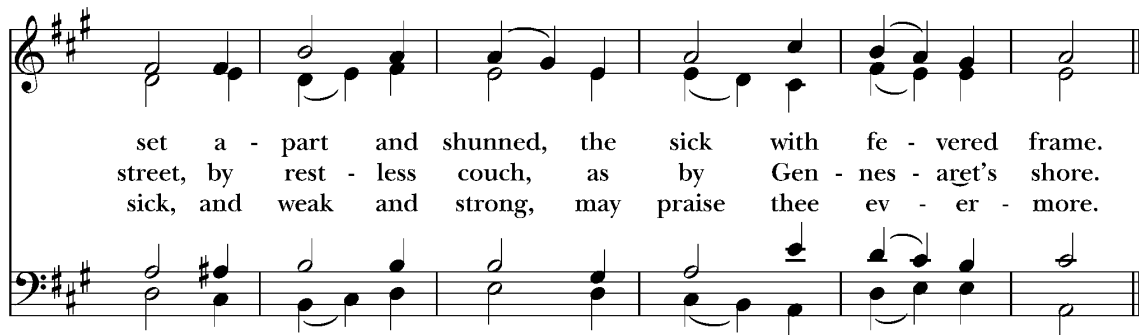
heal and save; it tri - umphed o'er dis - ease and death,
 strength, and sight; and youth re - newed and fren - zy calmed
 life and death; re - store and quick - en, soothe and bless,



o'er dark - ness and the grave. To thee they went, the
 owned thee, the Lord of light: and now, O Lord, be
 with thine al - might - y breath: to hands that work and



blind, the deaf, the pal - sied, and the lame, the lep - er
 near to bless, al - might - y as of yore, in crowd - ed
 eyes that see, give wis - dom's heaven - ly lore, that whole and



set a - part and shunned, the sick with fe - vered frame.
 street, by rest - less couch, as by Gen - nes - aret's shore.
 sick, and weak and strong, may praise thee ev - er - more.

The Gospel

Then, all standing, the Deacon or a Priest reads the Gospel, first saying

The Holy Gospel of our Lord Jesus Christ according to Mark (1:29-39)

People **Glory to you, Lord Christ.**

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

After the Gospel, the Reader says

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

The Sermon

The Rev. David Gierlach

Nicene Creed

The Celebrant and People then say the Nicene Creed together, all standing.

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

The Fifth Sunday after Epiphany

In the silence that follows each bidding, intercessions may be offered silently, or aloud.

Celebrant You have no equal, God. We come before you humbled, asking for your healing presence. Heal us and raise us so that we may serve you.

Leader We are amazed at your creative genius—how you have stretched the heavens like curtains, and yet you bend to be with us. *The congregation is invited to add their thanksgivings and petitions, followed by silence.*

Leader We are amazed, God.

People **We raise our hearts in awe.**

Our world and our lives are in need of healing and direction. We ask you to guide your church and heal it where it is worn out and self-centered. Direct those who lead the church: bishops, priests, and deacons—all those in positions of leadership. *The congregation is invited to add their thanksgivings and petitions, followed by silence.*

We are amazed, God.

Raise them up, God.

We ask you to heal the relationships between nations and neighbors. Give the leaders of the nations the courage to pursue justice and speak peace as an example for the world. *The congregation is invited to add their thanksgivings, followed by silence.*

We ask for healing.

Raise them up, God.

Many suffer from addiction, anxiety, and illness. Break the chains that bind them and heal them, God. Surround them with supportive people, the resources they need, and a tangible sense of your love. *The congregation is invited to add their thanksgivings and petitions, followed by silence.*

We ask for healing.

Raise them up, God.

We pray for those who have died, that they may know the fullness of your love in the life you have prepared for them. Comfort those who grieve their loss, and give them the confidence of your love that knows no limits of time or space. *The congregation is invited to add their thanksgivings and petitions, followed by silence.*

We ask for assurance of your love.

Raise them up, God.

The Celebrant adds a concluding Collect

Loving and gracious Creator, from the beginning you have brightened our darkness with the light of your life: Let your vindication shine out like the dawn, and your salvation like a burning torch, that your Word made flesh may bring grace upon grace to all the earth, in the power of your Holy Spirit, through Jesus Christ our Savior. **Amen.**

Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Then the Ministers and People may greet one another in the name of the Lord.

Prayers for special occasions

Birthday prayer: Watch over thy *child*, O Lord, as *his* days increase; bless and guide *him* wherever *he* may be. Strengthen *him* when *he* stands; comfort *him* when discouraged or sorrowful; raise *him* up if *he* fall; and in *his* heart may thy peace which passeth understanding abide all the days of *his* life; through Jesus Christ our Lord. Amen.

Anniversary prayer: Most gracious God, by the power of your Holy Spirit, pour out the abundance of your blessing upon this couple. Defend them from every enemy. Lead them into all peace. Let their love for each other be a seal upon their hearts, a mantle about their shoulders, and a crown upon their foreheads. Bless them in their work and in the companionship; in their sleeping and in their waking; in their joys and in their sorrows; and in their life and in their death. Amen.

The Announcements

The Holy Communion

The Celebrant begins the Offertory with a sentence of Scripture.

Walk in love, as Christ loves us and gave himself for us, an offering and sacrifice to God.

Ephesians 5:2

Offertory Hymn

Immortal, invisible, God only wise

Hymnal 423

1 Im - mor - tal, in - vis - i - ble, God on - ly wise,
2 Un - rest - ing, un - hast - ing, and si - lent as light,
3 To all life thou giv - est, to both great and small;
4 Thou reign - est in glo - ry, thou rul - est in light,

in light in - ac - ces - si - ble hid from our eyes,
nor want - ing, nor wast - ing, thou rul - est in might;
in all life thou liv - est, the true life of all;
thine an - gels a - dore thee, all veil - ing their sight;

most bless - ed, most glo - rious, the An - cient of Days,
thy jus - tice like moun - tains high soar - ing a - bove
we blos - som and flour - ish, like leaves on the tree,
all laud we would ren - der: O help us to see

al - might - y, vic - tor - ious, thy great Name we praise.
thy clouds, which are foun - tains of good - ness and love.
then with - er and per - ish; but nought chan - geth thee.
'tis on - ly the splen - dor of light hid - eth thee.

Representatives of the congregation bring the people's offerings of bread and wine, and money or other gifts, to the deacon or celebrant. The people stand while the offerings are presented and placed on the Altar. Once the altar is prepared the following Doxology may be sung

Doxology

Ho'onani i ka Makua mau

Na Himeni 1



The Great Thanksgiving

Eucharistic Prayer B

The people remain standing. The Celebrant, whether bishop or priest, faces them and says

The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give him thanks and praise.**

Then, facing the Holy Table, the Celebrant proceeds

Preface for the Epiphany

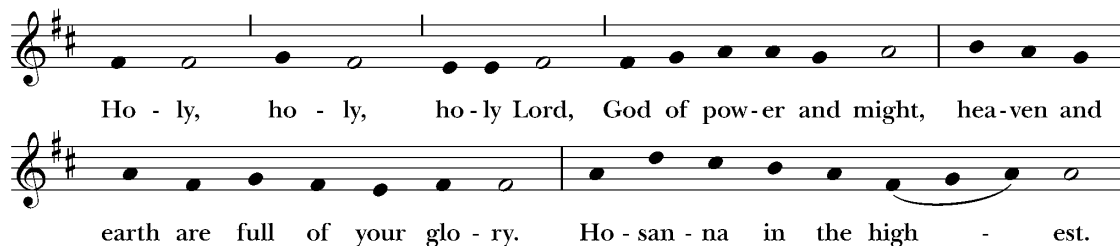
It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore, we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People then sing the Sanctus

Hymnal S 124



Continued on facing page



Bless-ed is he who comes in the name of the Lord. Ho-san-na in the high - est.

The people stand or kneel.

Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Celebrant and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with the Blessed Virgin Mary, Saint Joseph, Queen Emma, King Kamehameha IV, Queen Lili'uokalani, Saints Damien and Marianne of Moloka'i, our patron Saint Timothy, and with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours,
Almighty Father, now and for ever.

Celebrant and People then sing the Amen

Hymnal S 143



And now, as our Savior
Christ has taught us,
we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant and People then say the Fraction

Celebrant Be known to us, Lord Jesus, in the breaking of the bread.

People **Be known to us, Lord Jesus, in the breaking of the bread.**

Celebrant One body are we, alleluia, for though many we share one bread.

People **Be known to us, Lord Jesus, in the breaking of the bread.**

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

Ministration of Communion

The people are seated. In the Episcopal Church, all baptized persons are welcome to receive the Holy Communion regardless of age or Christian tradition. Anglicans believe in the “Real Presence” where, in the Bread and Wine, Christ is made “real” and “present.” The nature of this grace is that Christ received even if one of the elements is received alone. Communing from the common cup is optional, based on your personal judgment. The chalice on your left (facing the altar) will be for intinction; the chalice on the right is for those who wish to drink from the cup. Please refrain if you are not feeling well. Those who are not baptized may receive a blessing; please join in the movement to the altar and cross your arms over your heart; this will alert the Celebrant of your desire to receive a blessing.

*Faith @ Home: Prayer/ Act of Reception for those who cannot receive the Sacrament
(from St. Augustine’s Prayer Book, Order of the Holy Cross)*

In union, blessed Jesus, with the faithful gathered at every altar of your Church where your blessed Body and Blood are offered this day, I long to offer praise and thanksgiving, for creation and all the blessings of this life, for the redemption won for us by your life, death, and resurrection, for the means of grace and the hope of glory. I believe that you are truly present in the Holy Sacrament, and, since I cannot at this time receive Communion, I pray you to come into my heart. I unite myself with you and embrace you with all my heart, my soul, and my mind. Let nothing separate me from you; let me serve you in this life until, by your grace, I come to your glorious kingdom and unending peace. *Amen.*

Communion Hymn

I am the bread of life

Hymnal 335 (vv 1&2)



1 I am the bread of life;— they who
 2 (The) Bread that— I will give— is my
 3 (Un-) less— you eat— of the
 4 I am the re - sur - rec - tion,
 5 (Yes,) Lord,— we be - lieve— that—



1 come to me shall not— hun - ger; they who be -
 2 Flesh for the life of the world,— and they who
 3 Flesh of the Son of— Man— and—
 4 I— am the— life.— They who be -
 5 you— are the— Christ,— the—



1 lieve in me shall not thirst. No one can come to
 2 eat— of this bread, they shall— live for
 3 drink— of his Blood, you shall not have life with -
 4 lieve— in me, e - ven— if they
 5 Son— of God who— has



1 me— un - less the— Fa - ther draw them.
 2 ev - er.— they shall— live for ev - er.
 3 in you. you shall not have life with - in you.
 4 die,— they shall— live for ev - er.
 5 come— in - to— the— world.—



And I will raise them up, and I will raise them



up, and I will raise them up on the



last day.—

2 The
 3 Un- day.
 4 —
 5 Yes,

Postcommunion Prayer

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Priest blesses the people, saying

May Christ the Son be manifest to you, that your lives may be a light to the world, and the blessing of God Almighty, Creator, Redeemer, and Sanctifier, be with you now and always. Amen.

Retiring Procession

Lead us, heavenly Father, lead us

Hymnal 559

1 Lead us, heaven - ly Fa - ther, lead us o'er the world's tem -
 2 Sa - vior, breathe for - give - ness o'er us; all our weak - ness
 3 Spi - rit of our God, de - scend - ing, fill our hearts with

pes - tuous sea; guard us, guide us, keep us, feed us,
 thou dost know; thou didst tread this earth be - fore us;
 heaven - ly joy; love with ev - ery pas - sion blend - ing,

for we have no help but thee, yet pos - ses - sing
 thou didst feel its keen - est woe; yet un - fear - ing,
 plea - sure that can nev - er cloy; thus pro - vid - ed,

ev - ery bless - ing, if our God our Fa - ther be.
 per - se - ver - ing, to thy pas - sion thou didst go.
 par - doned, guid - ed, noth - ing can our peace des - troy.

The Deacon, or the Celebrant, dismisses them with these words

Let us bless the Lord.

People **Thanks be to God.**

Postlude

ST. TIMOTHY'S EPISCOPAL CHURCH

The Right Reverend Robert L. Fitzpatrick, *V Bishop of Hawai'i*

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